

October 2025

15885 West Michigan Avenue, Marshall
Front Desk: 269-558-6150

Monday	Tuesday	Wednesday	Thursday	Friday
Autumn skies and pumpkin pies!		1 9:00a-4:00p Foot Reflexology Yahtzee 10:00 Social Lunch 12:00 Bingo 1:00 Drum with Jen 1:00 Tai Chi with Julie 2:30	2 9:00a-4:00p MASSAGES BY APPT Strong Bones 10:00 Social Lunch 12:00 MoveWell 1:00 Billiards 2:00 WERQ 2:30	3 9:00a-4:00p Yahtzee 10:00 Spinners 10:00 Social Lunch 12:00 Pinochle 12:00 Mahjong 12:30 Move with Vicki 1:00 Drum with Becki 3:00
6 9:00a-4:00p MASSAGES BY APPT Yahtzee 9:00 Strong Bones 10:00 Sewing/Quilts 10:00 Bible Study 11:00 Social Lunch 12:00 Bingo 1:00 Move with Marty 1:00 Knit/Crochet 2:00	7 9:00a-8:00p MASSAGES BY APPT Scale Tippers 9:00 Adv Line Dance 10:00 Beg Line Dance 11:00 Social Lunch 12:00 Dominoes 1:00 Drum with Jen 3:00 Craft 6:00	8 9:00a-4:00p Foot Reflexology Yahtzee 10:00 Social Lunch 12:00 Bingo 1:00 Drum with Jen 1:00 Tai Chi with Julie 2:30	9 9:00a-4:00p MASSAGES BY APPT Strong Bones 10:00 Social Lunch 12:00 MoveWell 1:00 Craft 1:00 Billiards 2:00 Seniors Matter 2:00 WERQ 2:30	10 9:00a-4:00p Yahtzee 10:00 Spinners 10:00 Social Lunch 12:00 Pinochle 12:00 Mahjong 12:30 Move with Vicki 1:00 Sourdough Club 2:00 Drum with Becki 3:00
13 9:00a-4:00p MASSAGES BY APPT Yahtzee 9:00 Strong Bones 10:00 Sewing/Quilts 10:00 Bible Study 11:00 Social Lunch 12:00 Craft 1:00 Bingo 1:00 Move with Marty 1:00 Knit/Crochet 2:00	14 9:00a-8:00p MASSAGES BY APPT Scale Tippers 9:00 Adv Line Dance 10:00 Beg Line Dance 11:00 Social Lunch 12:00 Dominoes 1:00 Drum with Jen 3:00 Craft 6:00	15 9:00a-4:00p Foot Reflexology Yahtzee 10:00 Social Lunch 12:00 Bingo 1:00 Drum with Jen 1:00 Tai Chi with Julie 2:30	16 9:00a-4:00p MASSAGES BY APPT Strong Bones 10:00 Social Lunch 12:00 MoveWell 1:00 Craft 1:00 Billiards 2:00 WERQ 2:30	17 9:00a-4:00p Yahtzee 10:00 Spinners 10:00 Social Lunch 12:00 Pinochle 12:00 Mahjong 12:30 Move with Vicki 1:00 Drum with Becki 3:00
20 9:00a-4:00p MASSAGES BY APPT Yahtzee 9:00 Strong Bones 10:00 Sewing/Quilts 10:00 Bible Study 11:00 Social Lunch 12:00 Bingo 1:00 Move with Marty 1:00 Knit/Crochet 2:00	21 9:00a-8:00p MASSAGES BY APPT Scale Tippers 9:00 Adv Line Dance 10:00 Beg Line Dance 11:00 Social Lunch 12:00 Dominoes 1:00 Drum with Jen 3:00 Craft 6:00	22 9:00a-4:00p Foot Reflexology Yahtzee 10:00 Social Lunch 12:00 Bingo 1:00 Drum with Jen 1:00 Tai Chi with Julie 2:30	23 9:00a-4:00p MASSAGES BY APPT Strong Bones 10:00 Social Lunch 12:00 MoveWell 1:00 Craft 1:00 Billiards 2:00 Seniors Matter 2:00 ANNUAL MEETING 4:00-5:00	24 9:00a-4:00p Yahtzee 10:00 Spinners 10:00 Social Lunch 12:00 Pinochle 12:00 Mahjong 12:30 Move with Vicki 1:00 Drum with Becki 3:00
27 9:00a-4:00p MASSAGES BY APPT Yahtzee 9:00 Strong Bones 10:00 Sewing/Quilts 10:00 Bible Study 11:00 Social Lunch 12:00 Bingo 1:00 Move with Marty 1:00 Knit/Crochet 2:00	28 9:00a-8:00p MASSAGES BY APPT Scale Tippers 9:00 Adv Line Dance 10:00 Beg Line Dance 11:00 Social Lunch 12:00 Dominoes 1:00 Drum with Jen 3:00 Craft 6:00	29 9:00a-4:00p Foot Reflexology Yahtzee 10:00 Social Lunch 12:00 Bingo 1:00 Drum with Jen 1:00 Tai Chi with Julie 2:30	30 9:00a-4:00p MASSAGES BY APPT Strong Bones 10:00 Social Lunch 12:00 MoveWell 1:00 Craft 1:00 Billiards 2:00 WERQ 2:30	31 9:00a-4:00p Yahtzee 10:00 Spinners 10:00 Music/Potluck 12:00 Pinochle 12:00 Mahjong 12:30 Move with Vicki 1:00 Drum with Becki 3:00

Arts & Crafts (preregistration required at front desk):

Inktober

October 2nd at 1:00pm – With Meagan

Learn about and participate in the October challenge known as “Inktober”. We will draw and ink a prompt from the 2025 list.

Ghost Family Painting

October 7th at 6:00pm – With Kathy

Paint a fun family portrait of ghosts.

Tarot Cards

October 9th at 1:00pm – With Meagan

Come create your own tarot card design. Class will use mixed media art.

Holiday Pop Up Cards

October 13th at 1:00pm – With Jane

We will have materials available to personalize cards for Halloween, Thanksgiving, or Christmas.

Ghost Wall Hanging or Door Decoration

October 14th at 6:00pm – With Kathy

Using rope, make a fun ghost to decorate your door.

Halloween Cards

October 16th at 1:00pm – With Meagan

Make a fun Halloween card to send out to a friend or family member!

Golf Ball Owls

October 21st at 6:00pm – With Kathy

Turn a golf ball into a fun owl using paint.

Haunted Houses

October 23rd at 1:00pm – With Meagan

Celebrate the holiday season by making a spooky haunted house!

Sea Glass Gnome Ornaments

October 28th at 6:00pm – With Kathy

Cute sea glass gnomes on a wooden disc for your Christmas tree.

Exquisite Corpse

October 30th at 1:00pm – With Meagan

Make your own Halloween monster by using the exquisite corpse game.

YAHTZEE!

Join us to compete in an all-new Yahtzee Tournament! Everything you’re going to need to participate will be provided – just come and enjoy the fun and good company! Overall leaders will compete head-to-head in an end of season playoff to determine an overall champion.

Note: you do not need to attend each session to participate...drop ins are welcome and encouraged!

Billiards:

If you’ve ever wanted to learn how to play pool or are currently playing elsewhere, please consider joining us on Thursdays at 2:00pm! We have two full-size pool tables and many cues to choose from (or bring your own!). For those of you who are just getting started, our regulars would be happy to teach you the basics and help you have fun while learning a new skill!



Wellness:

Cardio Drumming

Tuesdays at 3:00pm & Wednesdays at 1:00pm with Jen
Fridays at 3:00pm with Becki

Join us for a high energy workout to your favorite tunes (oldies and current!)...customizable for all abilities and beginners are welcome!

MoveWell with Colleen & Move with Marty/Vicki

Mondays, Thursdays, and Fridays at 1:00pm – Work through several different exercises using weights and bands, standing and sitting. A versatile class with a calming cool down.

Strong Bones with Colleen

Mondays & Thursdays at 10:00am – Repetitive movements with weights, standing and sitting. Designed to strengthen bodies for better fitness and to increase bone density to prevent osteoporosis.

Tai Chi with Julie

Wednesdays at 2:30pm – Participants learn to breathe correctly, focusing on how they intake and release air while moving. Concentrating on each movement helps the mind to relax and relieves stress.